

# this week for dinner™

## week 366 menu

### MENU (underlined words indicate hyperlinks to recipes)

- monday:** [kitchen sink quesadillas](#) with [gaucamole](#) and chips
- tuesday:** [sweet korean beef bbq tacos](#)
- wednesday:** chicken stir fry + dumplings
- thursday:** leftovers
- friday:** hot dogs, fruit, carrot sticks and chips
- saturday:** eat out
- sunday:** [honey mustard](#) grilled chicken sandwiches and salad
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### INGREDIENTS

- flour tortillas
- mexican shredded cheese
- can corn
- can black beans
- avocados
- romaine lettuce
- red onion
- fresh cilantro
- sour cream
- campbells sweet korean bbq dinner sauce
- chuck roast
- coleslaw mix (no dressing)
- b/s chicken breasts (2 meals)
- frozen stir fry veggies
- frozen dumplings
- hot dogs
- hot dog buns

- fresh fruit
- carrots
- kaiser rolls
- lettuce
- tomato
- salad fixings
- sliced swiss cheese

fridge/pantry/spice cupboard staples needed:  
salsa, salt, pepper, lime juice, olive oil, garlic powder, dried minced onion, red pepper flakes, soy sauce, ground ginger, chips, mayonnaise, mustard, honey, rice wine vinegar,