

this week for dinner™

week 399 menu

MENU (underlined words indicate hyperlinks to recipes)

monday: [malibu melt wraps](#) & fresh fruit

tuesday: [honey goat cheese pizza w/caramelized onions](#) + salad

wednesday: caprese salad and crusty bread

thursday: leftovers

friday: hot dogs on the grill + watermelon

saturday: takeout night

sunday: breakfast for dinner: waffles & smoothies

INGREDIENTS

- flour tortillas
- frozen chicken tenders (I like trader joes)
- tomatoes (2 meals)
- romaine lettuce
- avocado
- shredded mozzarella cheese
- fresh fruit
- naan bread (for pizza crust)
- onions
- fresh mozzarella cheese (2 meals)
- honey goat cheese
- fresh basil
- crusty bread
- hot dogs
- hot dog buns
- watermelon

fridge/pantry/spice cupboard staples needed:
salt, pepper, honey mustard salad dressing,
olive oil, smoothie stuff, flour, sugar, baking
powder, milk, eggs, butter, vanilla extract