

this week for dinner™

week 400 menu

MENU (underlined words indicate hyperlinks to recipes)

monday: [pasta primavera](#) & crusty bread

tuesday: [kitchen sink quesadillas](#) + chips and guacamole

wednesday: leftovers

thursday: hot dogs for the birthday boy!

friday: [white chicken chili](#)

saturday: date night (leftovers for the kids)

sunday: eat out (birthday train outing)

INGREDIENTS

- tomatoes
- fresh basil
- red onion
- yellow onion
- carrots, asparagus, bell pepper, & zucchini
- farfalle (bowtie pasta)
- crusty bread (x2)
- tortillas
- cilantro
- lime
- romaine lettuce
- avocados
- hot dogs and buns
- watermelon
- poblano chili pepper

fridge/pantry/spice cupboard staples needed:
salt, pepper, fresh garlic, olive oil, white wine,
frozen peas, parmesan cheese, can black
beans, can corn, salsa, shredded cheese,
garlic powder, onion powder, cayenne pepper,
can hominy, chicken broth, vegetable oil, b/s
chicken breasts, flour, cumin, salsa verde, corn
chips