

this week for dinner™

week 401 menu

MENU (underlined words indicate hyperlinks to recipes)

monday: [tuscan tomato soup](#) & crusty bread

tuesday: [sweet korean beef bbq tacos](#)

wednesday: [chili](#) + corn chips

thursday: leftovers

friday: [turkey sandwiches w/cranberry & cream cheese](#)

saturday: eat out night

sunday: lemon pepper chicken + rice and veggie

INGREDIENTS

- onions
- cream (2 recipes)
- basil pesto
- crusty bread
- campbells sweet korean bbq sauce
- chuck roast
- coleslaw mix (no dressing)
- tortillas
- bell pepper
- baguette
- deli turkey
- sprouts
- fresh fruit
- veggie for chicken dinner

fridge/pantry/spice cupboard staples needed:
salt, pepper, olive oil, 4 cans diced tomatoes,
chicken stock, sour cream, hot sauce, ground
beef (from freezer), fresh garlic, can kidney
beans, can baked beans, salsa, chili powder,
cumin, cream cheese, can cranberry sauce,
chips, lemon pepper, frozen chicken breasts,
rice