

this week for dinner™

week 425 menu

MENU (underlined words indicate hyperlinks to recipes)

monday: [chicken tortilla soup](#)

tuesday: chicken caesar salad

wednesday: fried rice + potstickers

thursday: leftovers

friday: [easy peasy bean tacos](#) + guacamole and chips

saturday: eat out night

sunday: [waffles](#) + home fries

INGREDIENTS

- onions
- green onions
- tomatoes
- fresh cilantro
- tortilla strip salad toppers
- avocados
- carrots
- lettuce
- tortillas
- fresh fruit
- potatoes
- bell pepper
- romaine lettuce
- croutons (or bread for croutons)

fridge/pantry/spice cupboard staples needed:
salt, pepper, fresh garlic, chicken bouillion, frozen corn, chicken breast, can black beans, lime, cayenne pepper, chili powder, cumin, shredded cheese, sour cream, chips, jasmine rice, soy sauce, cooking oil, eggs, sesame seeds, can refried beans, tortilla chips, flour, sugar, baking powder, milk, butter, vanilla extract, caesar dressing, fresh parmesan cheese