

this week for dinner™

week 469 menu

MENU (underlined words indicate hyperlinks to recipes)

monday: pork and udon noodle soup

tuesday: [homemade pizza night](#) ([honey goat cheese](#) & [margherita](#))

wednesday: [caprese paninis](#)

thursday: leftovers

friday: homemade hamburgers

saturday: take out night

sunday: [salsa chicken](#) with chips and [guacamole](#)

INGREDIENTS

grocery store list:

- tortilla chips
- avocados
- asian meatballs (costco)
- carrots
- onions
- fresh ginger
- mushrooms
- cabbage
- udon noodles
- fresh cilantro
- bean sprouts
- tomatoes
- fresh mozzarella (2 meals)
- panini bread
- fresh basil
- honey goat cheese
- tortillas
- lettuce

pantry/fridge/freezer items:

- salt & pepper
- cheese
- salsa
- beans
- fresh garlic
- soy sauce
- chicken boullion
- lime wedges
- honey
- sriracha
- ground beef
- kidney beans
- chili beans
- tomato sauce
- chili powder
- mayonnaise
- can diced tomatoes
- cumin
- olive oil
- flour
- active dry yeast
- sugar
- chicken thighs
- black beans
- frozen corn
- hamburger buns (freezer)