

this week for dinner™

week 510 menu

MENU (underlined words indicate hyperlinks to recipes)

monday: [hamburgers](#)

tuesday: [chicken soup with rice](#)

wednesday: [caprese paninis](#)

thursday: leftovers

friday: [steak](#), roasted potatoes and veggie

saturday: takeout night

sunday: breakfast for dinner: [waffles](#) and smoothies

INGREDIENTS

- ground beef
- buns
- lettuce
- tomato
- chips
- carrots
- 3 bone-in chicken breasts
- onions
- rolls for soup night
- good sandwich bread
- fresh mozzarella
- fresh basil
- tomatoes
- fingerling potatoes
- fresh vegetable

- bananas
- fresh fruit
- orange juice
- milk
- eggs

in the fridge/freezer/pantry:

- salt and pepper
- rice
- chicken broth
- cornstarch
- frozen peas
- olive oil
- steaks (freezer)
- frozen fruit
- flour
- sugar
- baking powder
- butter
- vanilla extract