

this week for dinner™

week 367 menu

MENU (underlined words indicate hyperlinks to recipes)

monday: [rachel sandwiches](#) with chips and fruit

tuesday: [chicken piccata](#) with [mashed potatoes](#) & salad

wednesday: taco night

thursday: leftovers

friday: [chicken tortilla soup](#)

saturday: eat out

sunday: [butternut squash soup](#) + [grilled cheese sandwiches](#)

INGREDIENTS

- french bread (2 meals)
- deli turkey
- sliced swiss cheese
- coleslaw mix
- b/s chicken breasts (2 meals)
- russet potatoes
- cream
- taco shells
- tortillas
- ground beef
- lettuce
- tomatoes (2 meals)
- fresh cilantro
- onion
- green onions

- tortilla strip salad toppers
- avocado
- butternut squash
- leek
- american cheese

fridge/pantry/spice cupboard staples needed:
thousand island dressing, lemon juice, capers,
butter, salt, pepper, flour, olive oil, chicken
broth (3 meals), taco meat seasoning, salsa,
sour cream, black beans (2 cans), shredded
cheese (2 meals), fresh garlic, frozen corn,
lime juice, cayenne pepper, chili powder, cumin,
ground ginger