

# this week for dinner™

## week 370 menu

### MENU (underlined words indicate hyperlinks to recipes)

monday: beef stroganoff with egg noodles and a veggie

tuesday: [moosewoods pasta primavera](#)

wednesday: leftovers

thursday: [chicken caesar wraps](#) with fruit and chips

friday: [easiest ever chicken pot pie](#)

saturday: eat out

sunday: [waffles](#) and scrambled eggs

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## INGREDIENTS

- egg noodles
- beef for stroganoff
- mushrooms (2 meals)
- veggie to go with stroganoff
- onion (1 yellow, 1 red)
- farfalle pasta
- tomatoes
- fresh basil
- carrots
- asparagus
- bell pepper
- crusty bread
- flour tortillas
- chicken breasts (2 meals)
- romaine lettuce
- croutons

- pre-made pie crust
- Boursin cheese
- frozen carrots
- heavy cream
- fresh fruit

fridge/pantry/spice cupboard staples needed:  
salt, pepper, beef broth, sour cream, dry mustard, fresh garlic, olive oil, white wine, frozen peas, fresh parmesan cheese, caesar dressing, chicken broth, cornstarch, flour, sugar, baking powder, milk, eggs, butter, vanilla extract