

this week for dinner™

week 394 menu

MENU (underlined words indicate hyperlinks to recipes)

monday: [pesto chicken salad sandwiches](#) + fruit & chips

tuesday: [sweet korean bbq beef tacos](#)

wednesday: mac & cheese + veggie

thursday: english muffin pizzas

friday: take out night

saturday: leftovers OR cheeseburgers + watermelon and salad

sunday: omelettes and fresh fruit

INGREDIENTS

- b/s chicken breasts
- basil pesto
- romaine lettuce
- good sandwich bread
- campbells sweet korean bbq dinner sauce
- chuck roast
- coleslaw mix (no dressing)
- flour tortillas
- trader joes frozen mac & cheese
- side veggie for mac & cheese
- english muffins
- tomato sauce
- mozzarella cheese
- pepperoni
- mushrooms
- olives

- hamburger
- hamburger buns
- hamburger toppings
- watermelon
- salad fixings
- fresh fruit

fridge/pantry/spice cupboard staples needed:
mayonnaise, salt and pepper, sour cream, hot sauce, eggs