Monday: malibu melt wraps & fresh fruit
Tuesday: honey goat cheese pizza w/caramelized onions + salad
Wednesday: caprese salad and crusty bread
Thursday: leftovers
Friday: hot dogs on the grill + watermelon
Saturday: takeout night
Sunday: breakfast for dinner: waffles & smoothies

INGREDIENTS

- flour tortillas
- frozen chicken tenders (I like trader joes)
- tomatoes (2 meals)
- romaine lettuce
- avocado
- shredded mozzarella cheese
- fresh fruit
- naan bread (for pizza crust)
- onions
- fresh mozzarella cheese (2 meals)
- honey goat cheese
- fresh basil
- crusty bread
- hot dogs
- hot dog buns
- watermelon

Fridge/pantry/spice cupboard staples needed: salt, pepper, honey mustard salad dressing, olive oil, smoothie stuff, flour, sugar, baking powder, milk, eggs, butter, vanilla extract