MENU (underlined words indicate hyperlinks to recipes)

**Monday:** cream of mushroom soup + crusty bread and salad

**Tuesday:** loaded nachos + guacamole

**Wednesday:** spaghetti + garlic bread and salad

**Thursday:** naan pizzas + salad

**Friday:** leftovers

**Saturday:** eat out night

**Sunday:** swedish pancakes + smoothies

INGREDIENTS

- naan bread
- mozzarella cheese
- tomato sauce (for pizza and spaghetti)
- loaf garlic bread
- salad fixings
- 1 pound white mushrooms
- shallots
- cream
- crusty bread
- fresh fruit
- chips
- corn chips
- avocados
- cilantro

fridge/pantry/spice cupboard staples needed:
salt, pepper, olive oil, lemon juice, butter, thyme, bay leaf, chicken broth, flour, cheese, canned corn, canned black beans, chicken (freezer), salsa, garlic powder, onion powder, lime juice, spaghetti, frozen fruit for smoothies, milk, eggs, sugar