

this week for dinner™

week 405 menu

MENU (underlined words indicate hyperlinks to recipes)

monday: [chili](#) + corn chips

tuesday: [chicken soup with rice](#) + homemade bread

wednesday: [creamy pesto fettuccine w/mushrooms & tomatoes](#) + bread and salad

thursday: takeout (last soccer practices!)

friday: leftovers (happy halloween!)

saturday: eat out night (last night with grandpa in town!)

sunday: dinner at friends home

INGREDIENTS

- onions
- bell pepper
- ground beef
- corn chips
- carrots
- fresh fettuccine
- mushrooms
- cherry tomatoes
- cream
- pesto
- salad fixings

fridge/pantry/spice cupboard staples needed:
salt, pepper, fresh garlic cloves, can kidney beans, can baked beans, can petite diced tomatoes, salsa, spaghetti sauce or can tomato sauce, chili powder, cumin, frozen chicken breasts on the bone, flour, yeast, salt, frozen peas, rice, olive oil, fresh parmesan cheese