MENU  (underlined words indicate hyperlinks to recipes)

monday:  pesto tortellini soup  + homemade bread

tuesday:  malibu melt wraps  + fresh fruit and chips

wednesday:  naan pizzas

thursday:  leftovers

friday:  hot dogs and hamburgers  + baked beans and carrots

saturday:  eat out night

sunday:  breakfast for dinner

INGREDIENTS

■ salad fixings
■ 9-oz package tortellini
■ prepared pesto
■ deli turkey
■ flour tortillas
■ swiss cheese
■ fresh fruit
■ romaine lettuce
■ onion
■ tomatoes
■ avocado
■ naan bread
■ mozzarella cheese
■ pizza toppings
■ hot dogs
■ ground beef
■ hamburger & hot dog buns
■ baked beans
■ carrots

fridge/pantry/spice cupboard staples needed:
■ salt, pepper, flour, yeast, salt, chicken broth,
■ frozen mixed veggies, fresh parmesan cheese,
■ chips, b/s chicken breasts, butter, fresh garlic,
■ honey mustard dressing, tomato sauce

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