MENU  (underlined words indicate hyperlinks to recipes)

monday: tuscan tomato soup + grilled cheese sandwiches

tuesday: eat out at benihana for annas birthday dinner

wednesday: grammys orange chicken + rice and veggie

thursday: easiest ever chicken pot pie

friday: leftovers

saturday: take out night

sunday: breakfast for dinner: waffles and smoothies

INGREDIENTS

- onion
- heavy cream
- basil pesto
- crusty bread
- orange juice
- veggie for orange chicken night
- refrigerated pie crust
- mushrooms
- boursin cheese
- grapes or juice (for smoothies)

fridge/pantry/spice cupboard staples needed:
- salt, pepper, olive oil, 3 cans diced tomatoes, chicken stock, cheese, butter, frozen chicken breasts (2 meals), flour, brown sugar, vinegar, nutmeg, basil, ginger, can mandarin oranges, rice, cornstarch, frozen peas & carrots, frozen smoothie fruit, sugar, baking powder, milk, eggs, vanilla extract