

this week for dinner™

week 419 menu

MENU (underlined words indicate hyperlinks to recipes)

monday: [sausage hoagies](#)

tuesday: kai pa lo (thai chicken stew) + rice and spring rolls

wednesday: [creamy broccoli and chicken pasta](#) + salad

thursday: leftovers

friday: [naan pizzas](#)

saturday: take out night

sunday: breakfast for dinner: [yorkshire pudding](#) + fresh fruit

INGREDIENTS

- hoagie rolls
- sweet italian sausages
- red bell peppers
- onions
- tomatoes
- chicken leg quarters
- chinese five spice
- cream
- broccoli
- salad fixings
- bread for garlic bread
- naan bread
- pizza toppings
- mozzarella cheese
- fresh fruit

fridge/pantry/spice cupboard staples needed:
canola oil, fresh garlic, soy sauce, garlic powder,
ground white pepper, chicken bouillon, brown
sugar, eggs, white wine, fresh parmesan cheese,
b/s chicken breasts, milk, flour, salt, pepper