

this week for dinner™

week 425 menu

MENU (underlined words indicate hyperlinks to recipes)

- monday: [chicken tortilla soup](#)
- tuesday: chicken caesar salad
- wednesday: fried rice + potstickers
- thursday: leftovers
- friday: [easy peasy bean tacos](#) + guacamole and chips
- saturday: eat out night
- sunday: [waffles](#) + home fries
-

INGREDIENTS

- onions
- green onions
- tomatoes
- fresh cilantro
- tortilla strip salad toppers
- avocados
- carrots
- lettuce
- tortillas
- fresh fruit
- potatoes
- bell pepper
- romaine lettuce
- croutons (or bread for croutons)

fridge/pantry/spice cupboard staples needed:
salt, pepper, fresh garlic, chicken bouillion, frozen corn, chicken breast, can black beans, lime, cayenne pepper, chili powder, cumin, shredded cheese, sour cream, chips, jasmine rice, soy sauce, cooking oil, eggs, sesame seeds, can refried beans, tortilla chips, flour, sugar, baking powder, milk, butter, vanilla extract, caesar dressing, fresh parmesan cheese