MENU (underlined words indicate hyperlinks to recipes)

**Monday:** pats asian chicken salad

**Tuesday:** mark and barb’s brats with chips and fruit

**Wednesday:** naan pizzas with salad

**Thursday:** leftovers

**Friday:** eat out night

**Saturday:** rachel sandwiches with chips and raw veggies

**Sunday:** island pork with sticky coconut rice + broccolini

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**INGREDIENTS**

- romain lettuce
- green onions
- beer brats
- beer
- onions
- buns
- fresh fruit
- chips
- naan bread
- mozzarella cheese
- pizza toppings
- raw veggies (crudite)
- french bread
- deli turkey
- coleslaw
- swiss cheese
- 2 1/2 pounds pork tenderloin
- broccolini

fridge/pantry/spice cupboard staples needed:
salt, pepper, chicken breasts, crispy chow mein noodles, can mandarin oranges, almonds, poppyseed dressing, homemade pizza sauce (in freezer), butter, thousand island dressing, olive oil, cumin, chili powder, cinnamon, brown sugar, fresh garlic, tabasco, jasmine rice, coconut milk, milk, sugar