

this week for dinner™

week 429 menu

MENU (underlined words indicate hyperlinks to recipes)

- monday: [pats asian chicken salad](#)
- tuesday: mark and barb's brats with chips and fruit
- wednesday: [naan pizzas](#) with salad
- thursday: leftovers
- friday: eat out night
- saturday: [rachel sandwiches](#) with chips and raw veggies
- sunday: [island pork with sticky coconut rice](#) + broccolini
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INGREDIENTS

- romain lettuce
- green onions
- beer brats
- beer
- onions
- buns
- fresh fruit
- chips
- naan bread
- mozzarella cheese
- pizza toppings
- raw veggies (crudite)
- french bread
- deli turkey
- coleslaw
- swiss cheese

- 2 1/2 pounds pork tenderloin
- broccolini

fridge/pantry/spice cupboard staples needed:
salt, pepper, chicken breasts, crispy chow mein
noodles, can mandarin oranges, almonds,
poppyseed dressing, [homemade pizza sauce](#) (in
freezer), butter, thousand island dressing, olive oil,
cumin, chili powder, cinnamon, brown sugar, fresh
garlic, tabasco, jasmine rice, coconut milk, milk,
sugar