MENU (underlined words indicate hyperlinks to recipes)

Monday: caprese salad with crusty bread

Tuesday: grammy’s orange chicken with rice and veggie

Wednesday: stuffed peppers with salad

Thursday: leftovers

Friday: eat out night

Saturday: homemade hamburgers with chips and salad

Sunday: bertucci’s tortellini + veggie and bread

INGREDIENTS

- tomatoes
- fresh mozzarella
- fresh basil
- orange juice
- salad fixings
- red bell peppers
- onion
- sweet italian sausage (2 meals)
- fresh parsley
- ground beef
- hamburger buns
- mushrooms (2 meals)
- fresh cheese tortellini
- cream
- crusty bread (2 loaves)
- 2 side veggies

fridge/pantry/spice cupboard staples needed: salt, pepper, chicken breasts, flour, butter, brown sugar, vinegar, nutmeg, dried basil, ground ginger, canned mandarin oranges, rice, olive oil, fresh parmesan cheese, egg, 2 cans tomato sauce, cheese, chips, fresh garlic, can whole tomatoes, sugar