**MENU** (underlined words indicate hyperlinks to recipes)

**Monday:** memorial day cook out! (hot dogs, hamburgers, etc)

**Tuesday:** leftovers

**Wednesday:** asian spinach salad

**Thursday:** caprese paninis + chips

**Friday:** chili

**Saturday:** takeout night

**Sunday:** leftovers

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**INGREDIENTS**

- hot dogs
- ground beef
- hamburger toppings
- buns (hot dog and hamburger)
- sprouts potato salad
- watermelon
- chips (tortilla and potato)
- spinach
- bean sprouts
- panini bread
- fresh mozzarella cheese
- fresh basil
- tomatoes
- onion
- bell pepper
- fresh fruit

fridge/pantry/spice cupboard staples needed:
salt, pepper, chips, bowtie pasta, sesame seeds, sunflower seeds, canned water chestnuts, b/s chicken breasts, canola oil, sugar, sesame oil, soy sauce, rice vinegar, fresh garlic, mayonnaise, thyme, ground beef, can kidney beans, can baked beans, can petite diced tomatoes, salsa, chili powder, cumin, cayenne pepper

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