

this week for dinner™

week 435 menu

MENU (underlined words indicate hyperlinks to recipes)

monday: memorial day cook out! (hot dogs, hamburgers, etc)

tuesday: leftovers

wednesday: asian spinach salad

thursday: caprese paninis + chips

friday: chili

saturday: takeout night

sunday: leftovers

INGREDIENTS

- hot dogs
- ground beef
- hamburger toppings
- buns (hot dog and hamburg)
- sprouts potato salad
- watermelon
- chips (tortilla and potato)
- spinach
- bean sprouts
- panini bread
- fresh mozzarella cheese
- fresh basil
- tomatoes
- onion
- bell pepper
- fresh fruit

fridge/pantry/spice cupboard staples needed:
salt, pepper, chips, bowtie pasta, sesame seeds, sunflower seeds, canned water chestnuts, b/s chicken breasts, canola oil, sugar, sesame oil, soy sauce, rice vinegar, fresh garlic, mayonnaise, thyme, ground beef, can kidney beans, can baked beans, can petite diced tomatoes, salsa, chili powder, cumin, cayenne pepper