### MENU
(underlined words indicate hyperlinks to recipes)

**Monday:**  
pesto chicken salad sandwiches

**Tuesday:**  
carnitas tacos + guacamole and chips

**Wednesday:**  
chicken pasta salad + garlic knots

**Thursday:**  
leftovers

**Friday:**  
eat out night

**Saturday:**  
meat on the grill + veggie kebabs

**Sunday:**  
leftovers or breakfast for dinner (waffles + fruit)

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### INGREDIENTS

- onion
- mozzarella cheese
- sandwich bread
- pesto
- tomatoes
- fresh fruit
- romaine lettuce
- 2 1/2 pound bone-in pork shoulder
- jalapeno
- orange
- avocados
- salsa
- fresh spinach
- meat for the grill
- veggies for kebabs
- fresh fruit

fridge/pantry/spice cupboard staples needed:
salt, pepper, b/s chicken breasts, chips, mayonnaise, oregano, cumin, fresh garlic, olive oil, tortilla chips, bowtie pasta, canola oil, teriyaki sauce, sugar, cranberries, canned mandarin oranges, sesame seeds, almonds, active dry yeast, flour, butter, sugar, baking powder, milk, vanilla extract, eggs