**MENU** (underlined words indicate hyperlinks to recipes)

**monday:** chicken tenders + spinach and strawberry salad

**tuesday:** spaghetti + garlic bread and steamed veggies

**wednesday:** out to dinner with a friend!

**thursday:** naan pizzas

**friday:** caprese salad

**saturday:** leftovers

**sunday:** grilled cheese + tuscan tomato soup

**INGREDIENTS**

**grocery store list:**
- spinach
- strawberries
- grocery store garlic bread
- broccoli and cauliflower
- naan bread
- pasta/pizza sauce
- mozzarella cheese
- pepperoni
- tomatoes
- fresh mozzarella
- fresh basil
- bread for grilled cheese
- onion
- cream
- basil pesto

**pantry/fridge/freezer items:**
- salt & pepper
- poppyseed dressing
- spaghetti
- leftover homemade pita chips (to go with caprese)
- cheese for grilled cheese sandwiches
- butter
- olive oil
- 3 cans diced tomatoes
- chicken stock