

# this week for dinner™

## week 452 menu

### MENU

(underlined words indicate hyperlinks to recipes)

**monday:** [honey-glazed chicken with root vegetables](#)

**tuesday:** [rachel sandwiches + fresh fruit](#)

**wednesday:** [butternut squash gnocchi](#)

**thursday:** [leftovers](#)

**friday:** [eat out birthday fun!](#)

**saturday:** [more eat out birthday fun!](#)

**sunday:** [omelettes + fresh fruit](#)

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### INGREDIENTS

#### grocery store list:

- fresh fruit
- carrots
- turnips
- red potatoes
- red onion
- french bread
- deli turkey
- swiss cheese
- coleslaw
- gnocchi
- butternut squash
- shallots
- mushrooms
- spinach
- eggs
- omelette fixings

#### pantry/fridge/freezer items:

- salt & pepper
- honey
- balsamic vinegar
- thyme
- olive oil
- chicken drumsticks (freezer)
- thousand island dressing
- butter