

# this week for dinner™

## week 472 menu

### MENU (underlined words indicate hyperlinks to recipes)

- monday: homemade hamburgers
- tuesday: [cilantro sour cream enchiladas](#)
- wednesday: [homemade pizza](#)
- thursday: leftovers
- friday: [sausage, pepper & onion hoagies](#)
- saturday: take out night
- sunday: breakfast for dinner (tbd)
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### INGREDIENTS

#### grocery store list:

- hamburger buns
- hamburger fixings
- sour cream
- fresh cilantro
- red bell peppers
- tortillas
- green salsa
- tomatoes
- avocados
- pizza toppings
- mozzarella cheese
- italian sausages
- onion
- hoagie rolls
- fresh fruit

#### pantry/fridge/freezer items:

- salt & pepper
- ground beef (freezer)
- condiments for burgers
- chicken (freezer)
- can green chilies
- shredded cheese garlic
- cumin
- flour
- active dry yeast
- sugar
- olive oil