MENU (underlined words indicate hyperlinks to recipes)

monday: rachel sandwiches

tuesday: taco night

wednesday: naan pizzas

thursday: leftovers

friday: sausage, pepper & onion hoagies

saturday: take out night

sunday: asian chicken salad

INGREDIENTS

grocery store list:
- italian bread
- deli turkey
- swiss cheese
- coleslaw
- tortillas
- taco fixings
- avocados
- naan bread
- mozzarella cheese
- pizza toppings
- italian sausage
- bell pepper
- onion
- hoagie rolls
- romaine lettuce
- chow mein noodles
- green onions
- fresh fruit

pantry/fridge/freezer items:
- salt & pepper
- thousand island dressing
- chicken (freezer)
- beans
- taco fixings (salsa, etc)
- tomato sauce
- canned mandarin oranges
- poppyseed dressing
- tortilla chips