

this week for dinner™

week 476 menu

MENU (underlined words indicate hyperlinks to recipes)

monday: [english muffin pizzas](#) with dad (mom traveling!)

tuesday: [pats asian chicken salad](#)

wednesday: [sweet korean bbq beef tacos](#)

thursday: [kitchen sink quesadillas](#) + [guacamole](#) and chips

friday: leftovers

saturday: take out night

sunday: omelettes and smoothies

INGREDIENTS

grocery store list:

- english muffins
- mozzarella cheese
- pizza toppings
- pizza sauce
- romaine lettuce
- crispy wonton strips
- green onions
- beef roast
- apple juice
- flour tortillas
- coleslaw
- cilantro
- avocados
- eggs
- omelette fixings

pantry/fridge/freezer items:

- salt & pepper
- chicken (freezer)
- canned mandarin oranges
- sliced almonds
- poppyseed dressing
- soy sauce
- canola oil
- sugar
- cornstarch
- fresh garlic
- sesame oil
- red pepper flakes
- ground ginger
- rice wine vinegar
- honey
- sour cream
- cheese
- canned corn
- can black beans
- salsa
- lime juice
- frozen fruit