**MENU** (underlined words indicate hyperlinks to recipes)

**monday:** chili

**tuesday:** cilantro sour cream enchiladas

**wednesday:** caprese salad

**thursday:** eat out (school talent show night!)

**friday:** leftovers

**saturday:** eat out night

**sunday:** rachel sandwiches

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**INGREDIENTS**

**grocery store list:**
- onion
- bell peppers
- ground beef
- tortilla chips
- sour cream
- fresh cilantro
- can green chilies
- tortillas
- green salsa
- loaves crusty bread
- tomatoes
- fresh mozzarella
- fresh basil
- deli turkey
- swiss cheese
- coleslaw
- fresh fruit

**pantry/fridge/freezer items:**
- salt & pepper
- fresh garlic
- canned beans for chili
- can diced tomatoes
- salsa
- tomato sauce
- chili powder
- cumin
- b/s chicken breasts
- cheese
- thousand island dressing