

# this week for dinner™ ultimate car camping guide & checklist

## GEAR

- instant canopy (like an ez up)
- more than 1 tent for ample storage
- tent heater (if weather will be cold at night)
- sleeping bags
- 1-2 extra folding tables
- lanterns
- flashlights and headlamps
- walkie talkies
- emergency whistles
- binoculars
- extra blankets
- pillows
- board games
- battery chargers and extra batteries (for electronics)
- broom and dustpan
- tarps
- floor mats/turf for outside of tent doors
- camping/beach chairs
- hiking guides
- mallet
- ax
- rope
- matches/lighter
- wood (if allowed to bring from outside)
- camera
- books
- first aid kit
- solar-powered twinkle lights
- propane
- day clothes
- pajamas
- underwear and socks
- hiking shoes
- slip on shoes for campsite
- jackets/hats/scarves/gloves (if needed)
- baby wipes
- dry shampoo
- kleenex boxes
- small plastic bags for tent garbage
- chapstick
- lotion
- sunscreen
- toothbrushes and toothpaste

## FOOD & COOKING SUPPLIES

### THE FOOD!

- breakfast food (cereal, milk, oatmeal packets, muffins, eggs, sausage)
- lunch food (bread, PB, honey, cold cuts)
- dinner food: choose meals that freeze ahead and can be heated in a pot or that use mostly ingredients that don't need the fridge. examples:
  - spaghetti & sauce
  - soups & chilis (freeze ahead in ziploc bag)
  - hot dogs & hamburgers
- snack food (granola bars, fruit, nuts, chips & salsa, etc)
- condiments
- salt and pepper shakers

- butter
- water
- hot chocolate packets
- coffee: either Starbucks VIA packets (just add water!) or use an Aeropress with ground coffee (perfect for camping!)
- s'mores stuff & other desserts

### FOOD GEAR!

- 2 large coolers (one for cold items with ice, one for dry items to protect from cold/heat)
- ice
- camping stove
- large frying pan
- large pot
- cutting board
- sharp knife

- mixing spoon
- spatula
- plates, bowls, cups, plasticware/silverware
- paper towels
- wipeable tablecloth
- dish towels
- travel coffee mugs with lids
- garbage bags
- dish soap
- large metal bowl (for washing dishes)
- large mixing bowl
- skewers for campfire cooking
- wipes
- scissors
- antibacterial gel (for hands)
- tea kettle
- tongs