

# WEEKLY MENU #519



**MONDAY**      [homemade pizza: margherita, honey goat cheese](#)

**TUESDAY**      [pesto chicken salad sandwiches](#)

**WEDNESDAY**      green salad topped with grilled chicken

**THURSDAY**      [sweet potato and black bean burritos](#)

**FRIDAY**      leftovers

**SATURDAY**      eat out night

**SUNDAY**      roasted vegetable egg scrambles and smoothies

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## INGREDIENT LIST

### grocery store:

- fresh mozzarella
- cheese
- fresh basil
- tomatoes
- honey goat cheese
- onions
- pesto
- good sandwich bread
- romaine lettuce
- fresh fruit
- salad greens
- salad fixings
- sweet potatoes
- artisan bread loaf
- tortillas
- cole slaw mix
- jalapeno
- fresh cilantro
- eggs
- veggies for roasting
- fruit juice

### at home:

- salt & pepper
- flour
- active dry yeast
- olive oil
- sugar
- b/s chicken breasts
- mayonnaise
- can black beans
- chili powder
- oregano
- cumin
- vinegar
- bay leaf
- fresh garlic
- lime juice
- frozen fruit