

WEEKLY MENU # 525



- MONDAY** [asian chicken pasta salad](#)
- TUESDAY** [pesto chicken salad sandwiches](#)
- WEDNESDAY** rigatoni with [homemade bolognese sauce](#)
- THURSDAY** leftovers
- FRIDAY** [caprese paninis](#)
- SATURDAY** eat out night
- SUNDAY** breakfast for dinner: [waffles](#) and smoothies

INGREDIENT LIST

grocery store:

- bowtie pasta
- spinach
- raisins
- can mandarin oranges
- green onions
- pesto
- good sandwich bread
- romaine lettuce
- tomatoes
- rigatoni
- salad fixings
- bacon
- carrot
- celery
- onions
- fresh basil
- cream
- fresh mozzarella
- grapes or juice

at home:

- salt & pepper
- oil
- teriyaki sauce
- sugar
- b/s chicken breasts
- sesame seeds
- almonds
- mayonnaise
- ground beef
- 2 cans diced tomatoes
- fresh garlic
- sage
- dried parsley
- bay leaf
- dried oregano
- chicken broth
- frozen fruit
- plain yogurt
- flour
- baking powder
- milk
- eggs
- butter
- vanilla extract