MONDAY  bean tacos with grilled peppers and onions
TUESDAY  sausage potato soup
WEDNESDAY  greek salad with grilled chicken
THURSDAY  leftovers
FRIDAY  homemade pizza night  (flavors tbd)
SATURDAY  eat out night
SUNDAY  breakfast for dinner: omelets and smoothies

INGREDIENT LIST

grocery store:
- tortillas
- cheese
- bell peppers
- onions
- avocados
- tortilla chips
- lettuce
- cucumber
- feta cheese
- tomatoes
- pita bread
- potatoes
- bulk pork sausage
- cream
- naan bread
- mozzarella cheese
- pizza toppings

eggs
- juice
- baguette
- omelet fixings

at home:
- salt & pepper
- salsa
- kalamata olives
- greek dressing
- b/s chicken breasts
- butter
- chicken stock
- vanilla extract
- balsamic vinegar
- olive oil
- frozen fruit
- flour
- active dry yeast
- sugar

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