MONDAY  tuscan tomato soup and grilled cheese sandwiches
TUESDAY  naan pizzas on the grill
WEDNESDAY  slow cooker sweet korean bbq beef tacos
THURSDAY  leftovers
FRIDAY  hamburgers, hot dogs, potato salad and fruit
SATURDAY  eat out night
SUNDAY  waffles and scrambled eggs

INGREDIENT LIST

grocery store:
- onions
- cream
- basil pesto
- grilled cheese bread
- american cheese
- stonefire naan bread
- pizza toppings
- mozzarella cheese
- beef roast
- apple juice
- tortillas
- coleslaw
- sour cream
- fresh cilantro
- ground beef
- hot dogs
- buns

at home:
- potatoes
- cauliflower
- fresh fruit
- eggs
- milk
- salt & pepper
- 3 cans diced tomatoes
- olive oil
- chicken stock
- butter
- soy sauce
- canola oil
- sugar
- cornstarch
- fresh garlic
- sesame oil
- red pepper flakes
- ground ginger
- hot sauce
- italian dressing
- mayonnaise
- greek plain yogurt
- yellow mustard
- dry mustard
- paprika
- flour
- baking powder
- vanilla extract