W€€KLY **M** € **N** U **# 546**



MONDAY pats asian chicken salad

TUESDAY vegetarian curry in a hurry

WEDNESDAY green noodles

THURSDAY leftovers

FRIDAY <u>caprese paninis</u>

SATURDAY eat out night

SUNDAY eat out night...again!

■ salad fixings

panini bread

■ fresh mozzarella

■ tomotoes

■ chips

INGREDIENT LIST

grocery store:

- chicken breasts
- crispy wonton strips
- can mandarin oranges
 fresh basil
- sliced almonds
- green onions
- 9.00...
- canned coconut milk
- **■** spinach
- couliflower
- potatoes
- paneer
- naan bread
- spinach fettccine
- mushrooms
- prosciutto
- pesto
- cream
- ■feta cheese

at home:

- ■salt & pepper
- poppyseed dressing
- rice
- can diced tomatoes
- tomato paste
- oil
- qaram masala
- curry powder
- fresh garlic
- dried red chilies
- mayonnaise