WEEKLY MENU #553

MONDAY  pancakes and eggs

TUESDAY  chicken caesar wraps

WEDNESDAY roasted chicken and vegetables

THURSDAY  chicken soup with rice

FRIDAY  grilled brats with salad and watermelon

SATURDAY  eat out / leftovers

SUNDAY  broccoli cheese soup

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**INGREDIENT LIST**

grocery store:
- flour tortillas
- romaine lettuce
- croutons
- whole chicken
- vegetables for roasting
- baguette
- whole chicken breasts
- onion
- carrots
- salad fixings
- brats
- hoagie rolls
- watermelon
- half & half
- cheddar cheese
- frozen broccoli

at home:
- salt & pepper
- whole wheat flour
- sugar
- baking powder
- baking soda
- eggs
- butter
- milk
- vinegar or lemon juice
- chicken breasts
- fresh parmesan
- caesar dressing
- rice
- frozen peas
- cornstarch
- chicken stock/broth
- butter